

**KS2 ECAs: Winter Season Term 2&3 2024** Contact Coach Illona for ECA queries: i.simons@isct.co.za

*Rainy days: Whenever possible, outdoor ECAs will have an indoor theory session. Parents will be informed through the Edana app if the ECA is cancelled.*

ISCT-led - No additional cost. Please read carefully to check equipment or uniform requirements.	Day & Time	Venue	Led by/Contact
<b>Functional fitness</b> - Functional Fitness is a great way to stay fit throughout the term. We'll cover plyometric and eccentric exercises. Functional Fitness will be taking place on Monday mornings from 07:00 - 07:30 on the Astro turf. All levels of fitness are welcome!	<b>Before school</b> Monday <b>07:00-07:30</b>	Astro Field	Coach Ronwin & Coach Illona
<b>Chess</b> All levels of experience welcome, but please ensure that your child knows the basics. Chess will focus on critical thinking, strategy and decision making. We have entered the league for Term 2 & Term 3. Please note, if we aren't scheduled to play a match on a Friday, there will be normal practice from 13:30 - 14:15.	Monday 2:30-3:15 and matches on Friday.	Rm 27 (5S)	External coach and staff member i.simons@isct.co.za
<b>U8 &amp; U9 Soccer</b> Students born in <u>2016 &amp; 2015</u> will be in this group. <i>Takkies/astro boots required for ISCT field. Shin pads are compulsory. Long socks &amp; match top from Pitt Promotions.</i> Training in PE kit; match kit (top & socks) required for matches.	Matches: Mondays Practice: Friday 1:30-2:15	Astro Turf	External coaches i.simons@ isct.co.za
<b>U11 Soccer</b> Students born in <u>2013</u> will be in this group. <i>Takkies/astro boots required for ISCT field. Shin pads are compulsory.</i> Training in PE kit; match kit (top & socks) required for matches.	U11 Matches: Mondays Practice: Thursday 2:30 - 3:15	Astro Turf	Coach Ronwin i.simons@ isct.co.za
<b>U8, U9 &amp; U10 Netball</b> Born in 2016 & 2015 -U8/ U9 / Born in 2014 - U10. Training in PE kit; match kit (top & skorts) required for matches. Hair must be tied up. No jewellery allowed for matches.	Practice: Mondays 2:30 - 3:15 Matches: Wednesdays	Netball court	External coaches & staff member i.simons@isct.co.za
<b>U11 &amp; U12 Netball</b> Born in 2013 - U11 / Born in 2012 - U12. Training in PE kit; match kit (top & skorts) required for matches. Hair must be tied up. No jewellery allowed for matches.	Practice: Mon 2:30 - 3:15. Matches: Wednesdays		
<b>Eisteddfod</b> - In Term 2, the Eisteddfod Group will be rehearsing for and participating in the Cape Town Eisteddfod in the categories of Individual Performance Poetry and Group Dramatic Extract. All children will all be part of the group performance, whereas the individual category is optional. Mrs Ar	Tuesday 2:30 - 3:15	D&T	Mrs Armino r.armino@isct.co.za
<b>Hockey</b> Boys & Girls. <i>PE kit. Takkies/astro boots required for ISCT field. Long socks available from Pitt Promotions. Shin pads and mouth guard are compulsory. Own hockey stick required.</i> Match kit (socks, top & shorts/skorts) required for matches. Born in 2016 - U8/ Born in 2015 - U9 / Born in 2014 - U10. Born in 2013 - U11 / Born in 2012 - U12.	Practice: Tuesdays 2:30 - 3:15 Matches: Thursdays	Astro Turf	Coach Illona i.simons@isct.co.za
<p><b>Art &amp; Craft Club</b> <b>Tuesday - Year 5 &amp; 6 -</b> Art &amp; Craft Club is a creative space for children interested in exploring art beyond the classroom. This club is not aimed at experts, but at those who enjoy spending their time in a creative but guided activity.</p> <p><b>Wednesday - Year 3 &amp; Year 4</b> Art &amp; Craft Club is a creative space for children interested in exploring art beyond the classroom. This club is not aimed at experts, but at those who enjoy spending their time in a creative but guided activity.</p>	<p>Tuesday 2:30-3:15</p> <p>Wednesday 2:30 - 3:15</p>	Rm 45 (4M) Art room	Ms Maphosa s.maphosa@isct.co.za
<b>Choir</b> If your child would like to audition for the KS2 choir, please sign up for this ECA. Auditions will be held on Tuesday & Wednesday morning at 07:30 - 08:00. Following auditions, Mr Wright will advise if your child will continue with the ECA for the term or not.	<b>Before School</b> Tuesday & Wednesday <b>7:30-8:00</b>	Music Room	Mr Wright a.wright@isct.co.za
<b>Sewing club</b> <b>Y4 - Y6 only</b> This club will be open to Year 3s in Term 4.	Wednesday 2:30-3:15	Rm 44 (3D)	Ms de Roo b.deroo@isct.co.za

<b>U10 Soccer</b> Students born in <u>2014</u> are U10. <i>Takkies/astro boots required for ISCT field. Shin pads are compulsory.</i> Training in PE kit; match kit (top & socks) required for matches.	Practice: Tuesday 2:30-3:15 Matches: Wednesdays.	Astro Turf	Coach & staff member i.simons@isct.co.za
<b>Debate</b> - Open to <b>Year 5 and Year 6 only</b> , Learn the skills of debating as well as developing confidence in public speaking.	Friday 1:45-2:30	Rm 24 (6L)	Ms Lindeque

<b>Private ECAs: Please contact the private provider directly to register and arrange payment.</b>	Day & Time	Venue	Led by/Contact
Private clubs will need a minimum signup in order to run at ISCT in Term 1.			
<b>Cooking Class</b> A 60 minute cooking class (all ingredients and utensils supplied) privately facilitated by Michelle from home is where cake is. R900 per term. <b>R150 per session</b>	Monday 2:30-3:30	KS2 Art Room (Rm 32)	Michelle: 084 421 6827 homeis@wherethecakeis.co.za
<b>Hip Hop</b> - A privately facilitated Hip Hop class every Monday afternoon at a cost of <b>R900</b> for the term (full term amount payable at the start of the term).	Monday 2:15-3:00	Dungeon	Annie: mrsahlahleni1994@gmail.com
<b>Fusion Dance</b> - Join our Modern Dance classes in 2024. Dance is for Every Body! For Years 3 to 6 students, Fusion Dance takes place on Tuesday afternoons from 2:30 - 3:15. <a href="#">Please click here for more information and to sign up.</a> Venue: Woodland Heights Contact info in the link or <a href="mailto:melita.potgieter@gmail.com">melita.potgieter@gmail.com</a>	Tuesday 2:30 -3:15	Dungeon	Contact info in the link or <a href="mailto:melita.potgieter@gmail.com">melita.potgieter@gmail.com</a>
<b>Ukulele</b> A fun and exciting group to learn to play the ukulele (4 string mini guitar) through a series of fun and well known songs. In this group they will learn chords and how to perform in an ensemble. This is the perfect introduction to playing in a music ensemble as well as a feeder instrument to the acoustic or electric guitar. R1000 for the term (8 lessons).	Wednesday Beginners group - 2:45 - 3:15 Advanced group 3:20-3:50	KS2 Art room (Rm 32)	<a href="mailto:j.engelbrecht@isct.co.za">j.engelbrecht@isct.co.za</a>
<b>Steel Drums</b> - Year 4 - Year 6 only, Steel drums will be taking place on Thursday afternoons from 2:30 - 3:15.	Thursday 2:30 - 3:15	D&T	<a href="mailto:j.engelbrecht@isct.co.za">j.engelbrecht@isct.co.za</a>
<b>Living Maths (Y4+ only)</b> Classes are 45 mins long and each lesson is independent of the others. We spend time working through fun brain teasers, problems, games that involve strategy and this often leads to fruitful and thought-provoking discussions. We always examine the solutions so that the students can see the various techniques and methods of approaching the problems. R900 per term	Friday 1:45-2:30	Room 44 Year 3D	Steve: <a href="mailto:info@livingmaths.com">info@livingmaths.com</a>

**Private ECAs: Please contact the private provider directly for queries, registration or payments.**

**Please collect your child from the KS2 Aftercare at the end of their activity.**