

KS2 ECAs: Winter Season Term 4 2021

Contact Coach Illona for ECA queries: i.simons@isct.co.za

Rainy days: Outdoor ECAs cancelled in wet weather. Parents will be informed. Chn supervised indoors during this period if parents are unable to fetch earlier.

ISCT-led - No additional cost. Please read carefully to check equipment or uniform requirements.	Day & Time	Venue	Led by/Contact
Poetry & Performance continues from Term 3. No new sign ups	Wednesday 2:30-3:15	Rm 26 (5A)	Mrs Armino r.armino@isct.co.za
Art & Craft Club is a creative space for children interested in exploring art beyond the classroom. This club is not aimed at experts, but at those who enjoy spending their time in a creative but guided activity.	Tuesday 2:30-3:15	Rm 45 (4M) Cabin	Ms Maphosa s.maphosa@isct.co.za
Strategy Board Games to encourage critical thinking and problem solving. These games will range from thinking independently to communicating in a team. For those children who love board games and enjoy a challenge.	Monday 2:30-3:15	Rm 43 (3H)	Ms Hanbury c.hanbury@isct.co.za
Chess All levels of experience welcome, but please ensure that your child knows the basics. Chess will focus on critical thinking, strategy and decision making.	Monday 2:30-3:15	Rm 27 (5E)	External coach i.simons@isct.co.za
Fun with iPads (Beginner) for Y3&4 only Explore and experience apps to create, animate and present. iPads are provided by the school.	Wednesday 2:30-3:15	Rm 44 (3D)	Ms de Roo b.deroo@isct.co.za
U8 & U9 Football Students born in 2012 & 2013 will be in this group. <i>Takkies/astro boots required for ISCT field. Shin pads are compulsory. Long socks from Pitt Promotions.</i>	Monday 2:30-3:15 Fri 1:30-2:15	Field	Mr Greenwood
U10 Football Students born in 2011 are U10. <i>Takkies/astro boots required for ISCT field. Shin pads are compulsory. Long socks available from Pitt Promotions.</i>	Tuesday & Wednesday 2:30-3:15	Field	Coach & staff member i.simons@ isct.co.za
U11 & U12 Football Students born in 2009 & 2010 will be in this group. <i>Takkies/astro boots required for ISCT field. Shin pads are compulsory. Long socks from Pitt Promotions.</i>	Monday & Tuesday 2:30-3:15	Field	Coach Ronwin i.simons@ isct.co.za
U8, U9 & U10 Netball Born in 2012 - U9 / Born in 2011 - U10.	Tuesday & Wednesday 2:30-3:15	Netbal l court	Netball Coach & Ms Engel n.engel@isct.co.za i.simons@isct.co.za
U11 & U12 Netball I Born in 2010 - U11 / Born in 2009 - U12.	Monday & Wednesday 2:30-3:15	Netball court	Netball Coach & Ms Engel
Hockey NEW - Boys & Girls training on Thursdays. We will not be playing in inter-school matches. <i>PE kit. Takkies/astro boots required for ISCT field. Long socks available from Pitt Promotions. Shin pads and mouth guard compulsory. Own hockey stick is preferable but school equipment can be provided.</i>	Thursday 2:30-3:15	Bottom field	Coach Illona i.simons@isct.co.za
Swimming Team Two small groups to observe COVID protocols. <i>Own goggles; container for mask; non-slip footwear that can be easily wiped and sanitised (slip slops, crocs).</i>	Tuesday Group 1 - 2:25-2:55 Group 2 - 3:00-3:30	ISCT pool	AquaDolphins swimming coaches & staff member i.simons @isct.co.za

Please collect your child from the KS2 Playground (Aftercare) at the end of their activity.

Private ECAs: Please contact the private provider directly to register and arrange payment. Private clubs will need a minimum signup in order to run at ISCT in Term 3.			
	Day & Time	Venue	Led by/Contact
Yogabugs Kids Yoga introduces children to yoga through storytelling and drama, incorporating the traditional yoga asanas (poses) in an age appropriate way. These stimulate crossing the midline, balance, flexibility, coordination and building muscle strength. We encourage mindfulness, and our practice is values based - respect for oneself, others and the environment is integral to yoga philosophy. We create a space for children to feel safe and have fun. R650 for the term. Children change into appropriate clothing after school. Please provide your own yoga mat. www.yogabugs.co.za	Monday 2:15-3:00 Not currently running. Please contact Yogabugs to indicate your interest.	Dungeon	Kerry: hello@yogabugs.co.za
Cooking Class A 60 minute cooking class (all ingredients and utensils supplied) privately facilitated by Tots and Pots at a cost of R130 per session .	Monday 2:15-3:15	KS2 Art Room (Rm 32)	Deidre: constantia@totsnpots.com
Modern Dance is a fun way to exercise and get the body moving and the mind working. The classes are based on freedom of movement and expressing oneself through dance and music. It also gives the students an understanding of musicality, discipline, good posture and creativity. All levels of experience are welcome. The cost is around R800 per term (8 x 45 minute classes).	Tuesday 2:30-3:15	Dungeon	Paula paulaguassardo91@gmail.com
Judo R800 for the term (full term amount payable at the start of the term). *This day and time may possibly change during the course of the year due to availability of coaches.	Thursday 2:30-3:15	Woodland Heights dungeon	Sandy: sandy.csjudo@gmail.com
Kids Coding introduces children to coding language and thought process. Our mission is to help the next generation realise their full creative potential in a world of rapidly increasing technological progress. It's not all screen time: Large parts of the 45-minute lessons are spent playing with toys and solving puzzles that will help a child to think like a coder. R710 per term. kidscoding.co.za	Thursday 2:30-3:15	Rm 25 (5H)	Anzel ctcaptain@kidscoding.co.za
Hip Hop A 60 minute Hip Hop class privately facilitated every Friday afternoon at a cost of R750 for the term (full term amount payable at the start of the term).	Friday 1:30-2:30	Dungeon	Annie: anniehendricksdfa@gmail.com

Private ECAs: Please contact the private provider directly for queries, registration or payments.

Please collect your child from the KS2 Playground (Aftercare) at the end of their activity.

All ECA arrangements are subject to change based on COVID restrictions and government regulations.