KS2 ECAs: Winter Season Term 3 2023

Sporting ECAs are not cancelled if it's raining. Parents will be informed via Edana app if matches are cancelled.

ISCT-led - No additional cost. Please read carefully to check equipment or uniform requirements.	Day & Time	Venue	Led by
Functional fitness - Functional Fitness is a great way to stay fit throughout the term. We'll cover plyometric and eccentric exercises. Functional Fitness takes place before school. All levels of fitness are welcome!	Before School Monday 07:00-07:40	Astro / Dungeon	Coach Ronwin & Coach Illona
Chess All levels of experience welcome, but please ensure that your child knows the basics. Chess will focus on critical thinking, strategy and decision making. No inter-school matches currently.	Monday 2:30 - 3:15	Rm 25 (6F)	Ms Fahrenfort & External coach
Strategy Games to encourage critical thinking and problem solving. These games will range from thinking independently to communicating in a team. For those children who love board games and enjoy a challenge.	Monday 2:30-3:15	Rm 43 (3H)	Ms Hanbury
u9 Soccer Boys & Girls born in 2014 or 2015. Monday match timings are dependent on match venue, transport & traffic. Monday will be training 2:30-3:15 if no matches are scheduled. Takkies/astro boots required for ISCT field. Shin pads are compulsory. Match kit required. ~Please sign up for correct age group - league rules~	MATCH Mon 2:15-4:15 PRACTICE Fri 1:30-2:15	Astro Field / host venues	External Coaches & Ms Maphosa Ms de Roo
u10 & u11 Soccer Boys & Girls born in 2013 or 2012. Monday match timings are dependent on match venue, transport & traffic. Monday will be training 2:30-3:15 if no matches are scheduled . <i>Takkies/astro boots required for ISCT field. Shin pads are compulsory. Match kit required.</i> ~Please sign up for correct age group~	MATCH Mon 2:15-4:15 PRACTICE Thurs 2:30-3:15	Astro Field / host venues	Coach Ronwin
u12 Soccer Boys & Girls born in 2011 or 2010. Tuesday match timings are dependent on match venue, transport & traffic. Tuesday will be training 2:30-3:15 if no matches are scheduled . <i>Takkies/astro boots required for ISCT field. Shin pads are compulsory. Match kit required</i> . ~Please sign up for correct age group~	MATCH Tues 2:15-4:15 PRACTICE Thurs 2:30-3:15	Astro Field / host venues	External Coaches & Ms Lindeque
Hockey Boys u9-u11 & Girls All Ages - training on Tuesdays. Matches: u12 boys - Wednesdays; all other groups - Thursdays. Match timings are dependent on match venue, transport & traffic. If no match is scheduled, there will be a 2:30-3:15 training on that day. Takkies/astro boots required for ISCT field. Shin pads, hockey stick & mouth guard are compulsory. Match kit required.	PRACTICE Tues 2:30-3:15 MATCH Thurs 2:15-4:15	Astro field	Coach Illona & External Coaches
Hockey Boys u12 training on Tuesdays. Matches: u12 boys - Wednesdays; all other groups - Thursdays. Match timings are dependent on match venue, transport & traffic. If no match is scheduled, there will be a 2:30-3:15 training on that day. Takkies/astro boots required for ISCT field. Shin pads, hockey stick & mouth guard are compulsory. Match kit required.	PRACTICE Fri 1:45-2:30 MATCH Wed 2:15-4:15	Astro field	Coach Illona & External Coaches
Netball - All ages. <i>Match kit required</i> . Wednesday match timings are dependent on match venue, transport & traffic. Wednesday will be training 2:30-3:15 if no matches are scheduled . ~Copy of birth certificate required~	PRACTICE Tues 2:30-3:15 MATCH Wed 2:15-4:15	Court & astro	Coach Illona, Ms Fahrenfort & Ms Hanbury
Art & Craft Club A creative space for children interested in exploring art beyond the classroom. This club is not aimed at experts, but at those who enjoy spending their time in a creative but guided activity.	Tuesday 2:30-3:15	Rm 45 (4M) Cabin	Ms Maphosa
Choir Please note that choir practices take place before school. Children are required to attend both practices each week in order to be able to prepare for performances. New choir members may be asked to audition. parents will be contacted if necessary.	Before School Tues & Wed 7:30-8:00	Music Room	Mr Wright a.wright@isct.co.za
Fun with iPads (Beginner) for Y3&4 only Explore and experience apps to create, animate and present. iPads are provided by the school.	Wednesday 2:30-3:15	Rm 44 (3D)	Ms de Roo
The Creative Performance club - TERM 3 ONLY The Creative Performance Club will run in Term 3 only. The Creative Performance Club will focus on both the written and performance elements of role play, performance poetry and more.	Wednesday 2:30-3:15	Rm 26 (5A)	Ms Armino
Debate & Public Speaking Open to all KS2 children. Learn the skills of debating as well as developing confidence in public speaking.	Friday 1:45-2:30	Rm 24 (6L)	Ms Lindeque

Please collect your child from the KS2 Playground (Aftercare) or wet weather venue at the end of their activity.

Queries? Contact i.simons@isct.co.za

Private ECAs

Please contact the private provider directly for queries, registration or payments.

Private ECAs: Please contact the private provider directly to register and arrange payment. Private clubs will need a minimum signup in order to run at ISCT.	Day & Time	Venue	Led by/Contact
Cooking Class A 60 minute cooking class (all ingredients and utensils supplied) privately facilitated by Tots and Pots at a cost of R150 per session (8 sessions).	Monday 2:30-3:30	KS2 Art Room (Rm 32)	Deidre: constantia@totsnpots.com
Hip Hop A privately facilitated Hip Hop class every Friday afternoon at a cost of R800 for the term (full term amount payable at the start of the term).	Monday 2:15-3:00	Dungeon	Annie: mrsahlahleni1994@gmail.c om
Fusion Dance - Join our Modern Dance classes in 2023. Dance is for Every Body! For Years 3 to 6 students, Fusion Dance will be taking place on Wednesday afternoons from 2:30 - 3:15. If you would like more information please click here.	Wednesday 2:30 -3:15	Dungeon	Contact info in the link or. melita.potgieter@gmail.co m
Ukulele ensemble - Ukulele will be taking place on Wednesday afternoon from 2:30-3:00. 6-10 students maximum. We will advise parents where to purchase the ukulele for the best price and delivery to school. R900 per term for 8 lessons (payable directly to Mr Abraham van der Berg).	Wednesday 2:30-3:00	KS2 Art Room	Contact Abraham van der Berg - 084 406 5328
Judo R910 for the term (full term amount payable at the start of the term).	Thursday 3:15-4:00	Dungeon	Sandy: sandy.csjudo@gmail.com
Drama club: Costume and character dress up, film challenges, and creative movement. R900 per term	Thursday 2:30 - 3:30	Room 30	drama@thestudioza.co.za
Spanish4Fun Learning Spanish language and culture and having fun! R1400 per term.	Tuesday 2:30-3:15	School venue TBC	Margarida margaritapit@yahoo.com
Living Maths (Y4+ only) Classes are 45 mins long and each lesson is independent of the others. We spend time working through fun brainteasers, problems, games that involve strategy and this often leads to fruitful and thought-provoking discussions. We always examine the solutions so that the students can see the various techniques and methods of approaching the problems. R900 per term	Friday 1:45-2:30	Rm 29	info@livingmaths.com
DC Cheerleading is a competitive sport involving a routine of stunting, tumbling, pyramid building, tosses and cheering. Become part of a team and learn new things. This is a sport for everyone! You do not need to have a background in any form of dancing or gymnastics. Contact Denicke to sign up.	Friday 1:40-2:40	Field / Dungeon (wet weather)	denickecoleman@gmail.co m 066 247 4115
Stoked Surf collects children from school to transport to Muizenburg. Parents can collect from the beach OR transport back to ISCT can be arranged. Board & wetsuit included. Beginner to intermediate, age 10+. Limited space. 6 lessons per term.	Friday School pickup 2:00	Collect from KS2 playground	info@stokedsurfschool.com 082 412 8781

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Collect your child directly from the ECA venue OR the KS2 Playground (Aftercare) at the end of their activity.