KS2 ECAs: Winterer Season Term 2&3 2023

Contact Coach Illona for ECA queries: i.simons@isct.co.za

Sporting ECAs are not cancelled if it's raining. Parents will be informed via Edana app if matches are cancelled.

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SCT-led - No additional cost. Please read carefully to check equipment or uniform requirements.	Day & Time	Venue	Led by
Functional fitness - Functional Fitness is a great way to stay fit throughout the term. We'll cover plyometric and eccentric	<mark>Before School</mark> Monday	Astro /	Coach Ronwin
exercises. Functional Fitness takes place <mark>before school</mark> . All levels of fitness are welcome!	07:00-07:40	Dungeon	& Coach Illona
Chess All levels of experience welcome, but please ensure that your child knows the basics. Chess will focus on critical	Monday 2:30 - 3:15	Rm 26 & 27	External coach
thinking, strategy and decision making. No inter-school matches currently.		(Y5)	
	Monday 2:30-3:15	Rm 43 (3H)	Ms Hanbury
communicating in a team. For those children who love board games and enjoy a challenge.			
	MATCH Mon 2:15-4:15	Astro Field /	External Coaches &
	PRACTICE Fri 1:30-2:15	host venues	Mr Wesson
compulsory. Match kit required. ~Please sign up for correct age group - league rules~ u10 & u11 Soccer Boys & Girls born in 2013 or 2012. Monday match timings are dependent on match venue, transport &	MATCH Mon 2:15-4:15	Astro Field /	Coach Ronwin &
	PRACTICE Thurs 2:30-3:15	host venues	Mr Wesson
are compulsory. Match kit required. "Please sign up for correct age group"		nost venues	
	MATCH Tues 2:15-4:15	Astro Field /	External Coaches &
Tuesday will be training 2:30-3:15 if no matches are scheduled. Takkies/astro boots required for ISCT field. Shin pads are	PRACTICE Thurs 2:30-3:15	host venues	Mr Wesson
compulsory. Match kit required. ~Please sign up for correct age group~			
	PRACTICE Tues 2:30-3:15	Astro field	Coach Illona & External
Thursdays. Match timings are dependent on match venue, transport & traffic. If no match is scheduled, there will be a	MATCH Thurs 2:15-4:15		Coaches
2:30-3:15 training on that day. Takkies/astro boots required for ISCT field. Shin pads, hockey stick & mouth guard are			
compulsory. Match kit required. Hockey Boys u12 training on Tuesdays. Matches: u12 boys - Wednesdays; all other groups - Thursdays. Match timings are	PRACTICE Fri 1:45-2:30	Astro field	Coach Illona & External
dependent on match venue, transport & traffic. If no match is scheduled, there will be a 2:30-3:15 training on that day.	MATCH Wed 2:15-4:15	Astroneiu	Coaches
Takkies/astro boots required for ISCT field. Shin pads, hockey stick & mouth guard are compulsory. Match kit required.			Couches
Netball - All ages. Match kit required. Wednesday match timings are dependent on match venue, transport & traffic.	PRACTICE Tues 2:30-3:15		Coach Illona, Ms
Wednesday will be training 2:30-3:15 if no matches are scheduled . ~Copy of birth certificate required~	MATCH Wed 2:15-4:15		Fahrenfort & Coaches
Art & Craft Club A creative space for children interested in exploring art beyond the classroom. This club is not aimed at	Tuesday 2:30-3:15	Rm 45 (4M)	Ms Maphosa
experts, but at those who enjoy spending their time in a creative but guided activity.	Tuesday 2.50-5.15	Cabin	
Choir Please note that choir practices take place before school . Children are required to attend both practices each week	<mark>Before School</mark>	Music Room	Mrs Steyn
in order to be able to prepare for performances. New choir members may be asked to audition. parents will be contacted if necessary.	Tues & Wed 7:30-8:00		a.steyn@isct.co.za
	Wednesday 2:30-3:15	Rm 44 (3D)	Ms de Roo
the school.	Wearesday 2.50 5.15	(3D)	
The Creative Performance club - TERM 3 ONLY The Creative Performance Club will run in Term 3 only. If you would like	Wednesday 2:30-3:15	Rm 26 (5A)	Mrs Armino
your child to join this ECA in Term 3, please sign up now.	TERM 3 ONLY but sign up		
Please note that in Term 2 students are preparing for Poetry Eisteddfods in June. This group has already been selected. If	now		
your child has already joined the Poetry Eisteddfod group with Mrs Armino, you should not sign up for Term 2. Only sign up			
if your child should be included on the register for Creative Club in Term 3 .			
	Friday 1:45-2:30	Rm 24 (6L)	Mrs Lindeque
speaking.			

Please collect your child from the KS2 Playground (Aftercare) or wet weather venue at the end of their activity.

Queries? Contact i.simons@isct.co.za

Private ECAs

Please contact the private provider directly for queries, registration or payments.

Private ECAs: Please contact the private provider directly to register and arrange payment. Private clubs will need a minimum signup in order to run at ISCT in Term 1.	Day & Time	Venue	Led by/Contact
Cooking Class A 60 minute cooking class (all ingredients and utensils supplied) privately facilitated by Tots and Pots at a cost of R150 per session (8 sessions) .	Monday 2:30-3:30	KS2 Art Room (Rm 32)	Deidre: constantia@ totsnpots.com
Hip Hop A privately facilitated Hip Hop class every Friday afternoon at a cost of R800 for the term (full term amount payable at the start of the term).	Monday 2:15-3:00	Dungeon	Annie: mrsahlahleni1994@gmail.c om
Fusion Dance - Join our Modern Dance classes in 2023. Dance is for Every Body! For Years 3 to 6 students, Fusion Dance will be taking place on Wednesday afternoons from 2:30 - 3:15. <u>If you would like more</u> <u>information please click here.</u>	Wednesday 2:30 -3:15	Dungeon	Contact info in the link or. melita.potgieter@gmail.co m
Ukulele ensemble - Ukulele will be taking place on Wednesday afternoon from 3:15 -3:45. 6-10 students maximum. We will advise parents where to purchase the ukulele as we have the best price in town and they will deliver it to the school. The ensemble teacher is Jess van der Merwe. R900 per term for 9 lessons (payable directly to Ms van der Merwe) The ensemble teacher is Jess van der Merwe. R900 per term for 9 lessons.	Wednesday 3:15- 3:45	Rm 29	Contact Jess van der Merwe - 0845399414
Judo R910 for the term (full term amount payable at the start of the term).	Thursday 3:15-4:00	Dungeon	Sandy: sandy.csjudo@gmail com
Drama club: Costume and character dress up, film challenges, and creative movement. R900 per term	Thursday 2:30 - 3:30	Room 30	drama@thestudioza.co.za
Spanish4Fun Learning Spanish language and culture and having fun! R1400 per term.	Tuesday 2:30-3:15	School venue TBC	Margarida margaritapit@yahoo.com
Living Maths (Y4+ only) Classes are 45 mins long and each lesson is independent of the others. We spend time working through fun brainteasers, problems, games that involve strategy and this often leads to fruitful and thought-provoking discussions. We always examine the solutions so that the students can see the various techniques and methods of approaching the problems. R900 per term	Friday 1:45-2:30	Rm 29	info@livingmaths.com
DC Cheerleading is a competitive sport involving a routine of stunting, tumbling, pyramid building, tosses and cheering. Become part of a team and learn new things. This is a sport for everyone! You do not need to have a background in any form of dancing or gymnastics. Contact Denicke to sign up.	Friday 1:40-2:40	Field / Dungeon (wet weather)	denickecoleman@gmail.co m 066 247 4115

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