

i-café menu

v. 08/19

The Breads

Please tell us if you would like brown or white bread on sandwiches.

Rye, banting and gluten-free breads are available for R8 extra on the sandwich price.

All of our breads are served lightly-toasted, with a touch of mayonnaise or margarine.

	Sandwich Select brown or white bread	Bagel	Wrap *
Cheese (cheddar) / cream cheese	R 18	R 20	
Cheese / cream cheese & Tomato	R 19	R 22	
Mozzarella, tomato & basil pesto	R 24		
Cream cheese & salami		R 30	
Gypsy ham, mozzarella & lettuce	R 24		
Chicken mayo (free-range chicken)	R 24	R 30 *	R 30 *
Tuna mayo	R 24	R 30 *	R 30 *
Chicken wrap 'jimmy sauce' (free-range chicken)			R 30 *
Veggie wrap (Fry's)			R 30 *
Bacon & egg	R 24		
Bacon & cheese	R 24		
Bacon, egg & cheese	R 25		
Burgers served on a bun* with a slice of lettuce & tomato, ketchup or burger mayonnaise. * whole wheat bun available on request.			
Chicken burger	R 25		
Beef burger	R 30		
Veggie burger	R 40		
American hotdog on a roll with ketchup	R 20		
Chicken hotdog “	R 15		
Veggie hotdog “	R 22		

* new prices *

Based on customer feedback, we have reduced prices on wraps and some bagels. Wraps now a medium size.

The Specials & The Deals

We offer **hot** and **cold specials** daily, set for five weeks per term.

All chicken is free-range. Vegetarian options available.

Lunch deal and **5-day deal** available.

Ask i-café staff for the Specials menu or visit www.isct.co.za/resources-and-documents

Pre-order any
menu items
& Specials

WhatsApp
082 905 1267

The Snacks

* new *

Fruit	R5
Apple slinky	R5
Icebite: Apple, Mango, Grape, Grena	R8
Mini rice cakes , Lays, Doritos	R9
Mango / pear & guava fruit Flat Bars	R10
Freshly-baked muffin: Bran/ Vanilla/ Cappuccino/ Choc/ Marble	R10
Trigz crisps, Sesame chips	R11
Freshly-popped or Kuza popcorn	R12
Jungle bars (cereal bars)	R13
Mini chocolate bars	R7
Chocolate bars	R13
Droëwors (halaal)	R17
Biltong (halaal) 40g	R35
Biltong snap stix (halaal) 40g	R39

The Drinks

Fruit smoothie - freshly-made	R28
Still water 500ml	R10
Sparkling water 500ml	R10
Pump water 750ml	R15
Milk	R10
Juice boxes (Ceres)	R10
Milo	R12
SteriStumpi	R16
Ice tea: Lemon/ Peach	R16
LiquiFruit/ Just juice/ Appletiser	R18
Energy drinks	R16
Americano	R15
Latte (extra)	R18
Cappuccino (shot R4)	R18
Hot chocolate	R18