

i-café menu

v. 06/19

The Bread Specials

Rye, banting and gluten-free breads are available for R8 extra on the Sandwich price. All our breads are served lightly-toasted, with a fine touch of mayonnaise or butter.

	Sandwich	Deli roll	Bagel	Wrap
Cheese (cheddar) / cream cheese	R 18		R 20	
Cheese / cream cheese & Tomato	R 19		R 21	
Mozzarella, tomato & basil pesto	R 24	R 40		
Cream cheese & salami			R 30	
Gypsy ham, mozzarella & lettuce	R 24	R 40		
Chicken Mayo (free-range chicken)	R 24	R 40	R 35	R 40
Tuna Mayo	R 24	R 40	R 35	R 40
Chicken wrap 'jimmy sauce' (free-range chicken)				R 40
Veggie wrap (Fry's)				R 40
Bacon & Egg	R 24			
Bacon & Cheese	R 24			
American hotdog in a slim roll	R 20	* Add tuna: R5 * Add Chicken: R5		
Chicken hotdog in a slim roll	R 15			
Veggie hotdog in a slim roll	R 22			
Large pizza * (pre-order or allow	R 30			
Medium pizza * (30 minute wait)	R 20			

The Specials and The Deals

We offer **hot** and **cold specials** daily, set for five weeks per term. These tasty, nutritious meals are freshly prepared in lunch-sized portions. All chicken is free-range. Vegetarian options available.

NEW:

The Breakfast Special is a seasonal classic at a great price!

The Lunch Deal includes the hot special, a snack, fruit & water.

The Big Deal includes the Breakfast Special, a hot drink & the Lunch Deal (the hot special, a snack, fruit & water).

Deals available on pre-order only. No substitutions.

Pre-order any
menu items
& Specials

WhatsApp
082 905 1267

Ask i-café staff for the Specials menu or visit www.isct.co.za/resources-and-documents

The Snacks

Fruit	R5
Apple slinky	R5
Icebite: Apple, Mango, Grape, Gren	R8
Mango / pear & guava Flat Bars	R10
Jungle bars (cereal bars)	R15
Freshly-baked muffin: Bran/ Vanilla/ Cappuccino/ Choc/ Marble	R10
Freshly-made popcorn	R12
Droëwors (halaal)	R15
Biltong (halaal) 40g	R35
Biltong snap stix (halaal) 40g	R39
Lays chips/ crisps & Doritos	R9
Mini pack of biscuits	R10
Mini chocolate bars	R7
Chocolate bars	R13

The Drinks

Fruit smoothie - freshly-made	R28
Still water 500ml	R10
Sparkling water 500ml	R10
Pump water 750ml	R15
Milk	R10
Juice boxes (Ceres & Lipton)	R12
Milo	R12
SteriStumpi	R16
Ice tea: Lemon/ Peach	R16
LiquiFruit/ Just juice/ Appletiser	R18
Energy drinks	R16
Americano	R15
Latte (extra	R18
Cappuccino (shot R4)	R18
Hot chocolate	R18