HOW DOES MONKEYNASITA WORK? -

A qualified instructor will come to your child's school or public venue to run one fun-filled session per week. Sessions run for 30 minutes, including a warm-up to equipment. To get the maximum benefit out of our programme, our members are encouraged to complete at least one Monkeynastix cycle of two years. Monkeynastix offers three separate curriculums for ages 1-2, 3-6 & 7-8. music, stretch & tone, and working with specialised, age-appropriate

— Positive reinforcement through recognition

A Monkeynastix participation certificate will be awarded to your child at the end We believe in rewarding children to build their self-esteem: Each child receives a special sticker or hand-out at the end of every session. of each term. At the end of year, your child will receive an awesome Monkeynastix medal.

HEALTHY LIVING HABITS

what you are doing at home by incorporating the following into our sessions: Social skills & Good manners (e.g. Please and thank you, waiting your turn) Learning healthy living habits can be fun! At Monkeynastix, we reinforce Healthy habits (e.g. brushing teeth, sun protection & hygiene) Environmental awareness (e.g. conserve water & do not litter) Emotional intelligence (e.g. respect for yourself and others)

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Since 1995

Keynast

OPEN THE DOOR TO LEARNING

BEGOME

Create opportunities for your child to move and participate. Remember that every Your involvement, encouragement and support is important. time your child is active, the door to learning opens.

24 YEARS OF EXPERIENCE

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Canada, Cyprus, Ghana, Ireland, Kenya, Malaysia, Mauritius, Namibia, Qatar, internationally. Now also successful and expanding in Bulgaria, Botswana, Monkeynastix - the pioneer of movement education in South Africa and U.A.E., U.K., U.S.A., Zambia and others.

reams and conditions

REGISTRATION

ASSESSMENT

KIT T-SHIRT

FRANCHISEE - N INSTRUCTORS - All A

TERMINATION - One DISPLAY & AWARDS - An HOLIDAY CLASSES - No d once a year at which the children will showcase w of their medals. Parents are encouraged to attend. you want to ter

Speak to your local franchisee / instructor for more information and the T&Cs

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BOYS & GURLS AGES

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YOUR LOCAL FRANCHISEE Or register online at www.monkeynastix.biz

FASA PERMIT